

A HOARDER'S PATH TO FREEDOM

TO CLEAN THE PROPERTY, YOU WILL NEED:

- Empty boxes, tape & sharpies (to label boxes)
- Rubber gloves, dust masks, & leather gloves
- Buckets, mops, brooms & dust pans
- Vacuum cleaner & wet/dry vac
- Trash bags and a dumpster
- Cleaning products
- Flashlights
- First-aid kit

Tips: Decide if you need a separate trash box/bag for the hazardous stuff that usually can't be disposed of regularly: paints, solvents, medications, etc.

Clean the bathroom as soon as you get there! You'll need it during the course of the day, and you want it to be in a condition that you can use it. Then, clean a spot to keep water and snacks during breaks.

How to organize the "stuff:"

Label boxes with Keep, Trash, Donate, Recycle. Set specific locations, such as near doors of different corners in rooms, for labeled boxes. Make it easier for all: create a station where the home owner is able to save any items important to them. (Remember: it will be extremely difficult for them to part with items--help them stay strong!)

How to dive in and sort:

Walk in, take a deep breath, turn to the left, and the first item you see, you pick up and make a decision: keep, donate, trash, or recycle? Put it in the appropriate pile, and move on to the next one. Keep doing that until you've worked your way around the room. Once completed, take care of each box accordingly.